

## Anthropology Courses

*Other relevant courses may be found under Sociology.*

ANT 1010            INTRODUCTION TO CULTURAL ANTHROPOLOGY            3 cr  
An analysis of the origin and bases of culture. Its major components: cultural variation, cultural evolution, and cultural adaptation. Analysis of selected cultures as case studies. *Every semester.*

ANT 2210            ANTHROPOLOGY AND THE ENVIRONMENT            3 cr  
This course explores the interface between culture and the natural environment from a cultural ecological perspective. Through cross-cultural comparisons, with an emphasis on the contrasts between small-scale and large-scale societies, it examines human relationships with nature. Particular attention is given to the effects subsistence practices, economics, politics, and globalization have on a culture's changing attitudes about and behaviors toward the environment. *Prerequisites: Introduction to Sociology SOC 1010, or Introduction to Cultural Anthropology ANT 1010, or by consent of the instructor. Periodically.*

ANT 3210            ANTHROPOLOGY OF FOOD            3 cr  
The relationship between food, culture, and society, and its role in historical and contemporary cultures is now recognized as a serious field of research and scholarship, especially in anthropology and related fields. Employing an interdisciplinary approach, including culinary history, archeology, economics, diet and nutritional studies, as well as cooking demonstrations, guest cooks, and dining, the course will examine the function and meaning of food and cuisine as a way to understand cultural invention and identity, social organization, conflict, and social change. *Prerequisite: ANT 1010 or permission of the instructor. Periodically.*

## Applied Health Sciences Courses

*Other relevant courses may be found under Biology and Physical Education.*

AHS 1010            CONTEMPORARY HEALTH ISSUES            3 cr  
Exploration of the aspects of life that have a great impact on your health, in order to develop the decision making skills needed to make intelligent, informed health care choices throughout life. *Fall.*

AHS 1060            INTRODUCTION TO THE ATHLETIC TRAINING PROFESSION    2 cr  
This introductory course investigates the educational and professional requirements necessary to become a Certified Athletic Trainer through the National Athletic Trainers Association (NATA). Topics of discussion will include the history and structure of the NATA, requirements to sit for the NATABOC Certification Examination, Castleton State College Athletic Training Education Program requirements, Castleton athletic training room duties and responsibilities and the role of the athletic training professional in the sports medicine setting. The course also includes the use of basic therapeutic modalities and a practical study of the application of athletic taping and wrapping techniques. *Fall.*

AHS 1070            BASIC ATHLETIC TRAINING            3 cr  
An investigation into the prevention, subsequent treatment and management of common orthopedic injuries. The course includes basic anatomy, use of therapeutic modalities, and principles of athletic conditioning. A practical study of applying athletic tape and wraps is included. *Prerequisite: BIO 2011 or presently enrolled. Lab fee \$30. Every Semester.*