



ECAC Women's East Release

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Eastern College Athletic Conference

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2006 ECAC Women's East All-Conference Teams Announced

Cape Cod, Mass. - Interim Commissioner Steve Bamford announced today the ECAC Women's East All-Conference teams for the 2005-06 season. The team is voted on by the coaches of the league each year.

Two Saint Anselm Hawks take the honors for Player of the Year and for Rookie of the Year. Cindy Lebel (Greenville, Maine) has been a mainstay for the Hawks all season long and has even found a way to contribute on offense as she leads the team with 38 total points. Freshman Kathleen Twomey (Londonderry, N.H.) has been the perfect compliment to Lebel's versatility as the smooth rookie was second on the team in scoring tallying 31 points of her own. The two rank third and seventh in the conference in scoring and led the Hawks to the 2006 ECAC Women's Open Championship. Castleton State's Vanessa Carter () is the 2006 Goalie of the Year after posting 1181 saves in 2005-06. She kept the Spartans in many games throughout the season and only a sophomore, Carter looks forward to being a main part of the Castleton State turn-around.

Joining Lebel and Carter on the All-ECAC East 1st Team are three Manhattanville Valiants; ECAC East's leading scorer Amanda Nonis (Brampton, Ontario), Jessica Temesy (Blenheim, Ontario), and defenseman Ashley Trimble (Carleton Place, Ontario). Capping this elite group is UMass-Boston's Andrea Ciarletta (Watertown, Mass.) who scored 25 goals for the Beacon's in 2005-06.

2005-06 ECAC Women's East All-Conference Teams

1st Team All-ECAC Women's East

Forward- Andrea Ciarletta, UMass-Boston, Jr.
Forward- Amanda Nonis, Manhattanville, Soph.
Forward- Jessica Temesy, Manhattanville, Sr.
Defense- Cindy Lebel, Saint Anselm, Soph.
Defense- Ashley Trimble, Manhattanville, Sr.
Goaltender- Vanessa Carter, Castleton State, Soph.

2nd Team All-ECAC Women's East

Forward- Kathleen Twomey, SaintAnselm, Fr.
Forward- Jami Grasby, Manhattanville, Sr.
Forward- Isabelle Richard, RIT, Soph.
Defense- Emily Lapworth, Saint Anselm, Sr.
Defense- Stacey McConnell, RIT, Jr.
Goaltender- Amanda Boucher, UMass-Boston, Sr.

Honorable Mention

Forward- Jessica Zimmerman, Manhattanville, Soph.
Forward- Sarah Wetherbee, Holy Cross, Sr.
Forward- Liz Ross, New England, Soph.
Defense- Kristin Wilson, UMass-Boston, Sr.
Defense- Katie Grable, Saint Michael's, Jr.
Goaltender- Andrea Berlin, Saint Anselm, Soph.

All-Rookie Team

Forward- Kathleen Twomey, Saint Anselm, Fr.
Forward- Jessica Ciarmella, RIT, Fr.
Forward- Alex Blackwell, Manhattanville, Fr.
Defense- Erin Sheperd, New England, Fr.
Defense- Meghan Dwyer, Saint Anselm, Fr.
Goaltender- Melanie Cullen, Saint Michael's, Fr.

ECAC Women's East Player Of The Year

Cindy Lebel, SaintAnselm, Soph.

ECAC Women's East Rookie Of The Year

Kathleen Twomey, Saint Anselm, Fr.

ECAC Women's East Goaltender Of The Year

Vanessa Carter, Castleton State, Soph.

ECAC Women's East Coach of The Year

David Flint, Saint Anselm