

## Frequently Asked Questions: Student Activities

***Q: Should students get involved in outside activities in their first year?***

If by "outside" activities you mean activities "outside the classroom," yes, definitely - but not too involved. Getting involved in out-of-class activities such as athletics, organizations and social activities can enrich a student's academic experience and lead to a healthier, more balanced lifestyle. New students must learn, however, to balance their academic workload with social and recreational activities. Too much of either, to the exclusion of all else, can lead to disaster.

***Q: How can new students find out about various clubs?***

All new students will receive a copy of *The Guide to Campus Organizations*. This guide includes descriptions of active clubs, info on how to contact them, how to form a new club, and what leadership opportunities are available at Castleton. Students interested in more information should visit the Student Life Office in the Campus Center.

***Q: What is the Student Association Fee?***

The SA Fee is allocated to clubs and organizations by the Student Association, which is Castleton's student government. This fee provides activities for students and is designed to support their out-of-classroom learning.

***Q: What are intramurals?***

Intramurals are non-varsity athletic competition, open and available to all ability levels. They are designed to allow for competitive, friendly, fun and safe contests between members of the college community. More information about intramurals will be distributed to all new students at Orientation.

***Q: How can students get involved in varsity athletics?***

Varsity athletics are highly competitive intercollegiate sports. Students may try out for a team and earn a place on the roster by displaying the proper level of playing ability. For more information, contact the Athletic Department Office in Glenbrook Gymnasium.

***Q: What opportunities are offered for religious life?***

There is an active Christian Fellowship group on campus. In addition, there are several churches within walking distance of campus which welcome student involvement. A complete list of area churches and synagogues is available in this guide (see page 47) and at the Welcome Desk in the Campus Center.

***Q: Are there fraternities and sororities?***

The Vermont State Colleges do not officially recognize any social fraternities or sororities.

***Q: What volunteer, off-campus work-study and internship opportunities exist?***

The Robert T. Stafford Center for the Support and Study of the Community coordinates a wide variety of community service opportunities, off-campus work-study jobs, and internship placements for students in the Castleton/Rutland County area and nationwide.